

## Lower Extremity Functional Scale (LEFS)

Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Date of Birth \_\_\_\_\_

We are interested in knowing whether you are having any difficulty at all with the activities listed below **because of your lower limb problem** for which you are currently seeking attention. Please provide an answer for **each** activity.

**Rate your level of pain with activity:**      No Pain   0   1   2   3   4   5   6   7   8   9   10   Very Severe Pain

**(FOLLOW UP and DISCHARGE ONLY)**

How satisfied are you with your level of care and service provided?	Very Satisfied	Satisfied	Unsatisfied	Very Unsatisfied
Please rate your progress with function activities from start of therapy to this point in time	Excellent	Good	Fair	Poor
At this point in your treatment, have your therapy goals been met?	Completely Met	Mostly Met	Partially Met	Not Met

Today, do you or would you have any difficulty at all with: Activities	Extreme difficulty or Unable to Perform Activity	Quite a Bit of Difficulty	Moderate Difficulty	A Little Bit of Difficulty	No Difficulty
	0	1	2	3	4
1. Any of your usual work, housework or school activities.	0	1	2	3	4
2. Your usual hobbies, recreational or sporting activities.	0	1	2	3	4
3. Getting into or out of the bath.	0	1	2	3	4
4. Walking between rooms.	0	1	2	3	4
5. Putting on your shoes or socks.	0	1	2	3	4
6. Squatting.	0	1	2	3	4
7. Lifting an object, like a bag of groceries from the floor.	0	1	2	3	4
8. Performing light activities around your home.	0	1	2	3	4
9. Performing heavy activities around your home.	0	1	2	3	4
10. Getting into or out of a car.	0	1	2	3	4
11. Walking 2 blocks.	0	1	2	3	4
12. Walking a mile.	0	1	2	3	4
13. Going up or down 10 stairs (about 1 flight of stairs).	0	1	2	3	4
14. Standing for 1 hour.	0	1	2	3	4
15. Sitting for 1 hour.	0	1	2	3	4
16. Running on even ground.	0	1	2	3	4
17. Running on uneven ground.	0	1	2	3	4
18. Making sharp turns while running fast.	0	1	2	3	4
19. Hopping.	0	1	2	3	4
20. Rolling over in bed.	0	1	2	3	4
<b>Column Totals:</b>	=	=	=	=	=
<b>Total out of 80</b>	/80				